


GREEN OUTDOOR GYMS
PRODUCT BROCHURE





GOOG

COMPANY PROFILE

Green Outdoor Gyms is a leading brand in Outdoor health and fitness solutions and professional services. As an installer, supplier and maintenance solution of Outdoor Gyms, Play Gyms, Container Conversion Health Centres, as well as a broad level of Services to complement our business, Green Outdoor Gyms prides itself on offering a complete end to end solution. Our vision is to transform the landscape of the regions in which we work, delivering health and lifestyle solutions to all people.

We are currently active in the following countries: South Africa, Ghana, Nigeria, Namibia, Mozambique, Botswana, Kenya and Zimbabwe and our footprint continues to expand. Being leaders in research and development we have expanded our product offering across all our companies to bring you the latest and the most advanced solutions in the health, fitness and wellness arenas.

GOG is a Level-1 BBBEE organisation and remains the only 100% Black-Owned Outdoor health and wellness company. GOG believes in the transformation of South Africa and has committed itself to the ongoing upliftment of the country's economic and social stature. It is why we are active job-creators in the areas in which we operate and why we reinvest back into our communities.



WHY CHOOSE US?

GOG is a proudly South African business that understands the local and regional industry, its requirements, its business and social culture, its weather and its unique nuances. Our solutions are therefore most suitable and adaptable to the market, providing the widest mix of product and lifestyle experience to a broad-based market.

We have our very local and international manufacturing operations (manufacturing plants) through which we produce most of our products and adhere to the strictest product standard. We possess a number of internationally recognised quality certifications including ISO, TUV, OHMS and CIDB certifications.

GOG is a preferred partner to local government and municipalities in the outdoor health and wellness sphere and the only partner to government in the Education sphere.



OUTDOOR GYMS RANGE



STANDARD

For a popular, all-round workout these Outdoor Gyms are for everybody, no matter your fitness and strength levels. These units give you a full body workout making use of your own body weight. These gyms are ideal for parks, schools and outdoor open spaces.



RESISTANT

This range of gyms offers resistance training which causes the muscles to contract against an external resistance or weight with the resultant increase in strength, tone and/or fitness. This is ideal for those looking to tone and build muscle.



STREET WORKOUT

Otherwise known as Calisthenics, our Street Workout range is as the name suggests, ideal on the streets, in parks, schools, universities, playgrounds and correctional facilities. The street workout equipment engages freedom of movement and encourages social workouts in open spaces.



KIDS

Our Kids range of Outdoor Gyms include our standard gym units but are made to smaller sizes, ideally used by children. These body weight-use units are great for parks, schools and ideal in outdoor open spaces.



DISABLED

These standard gyms units are Purpose-Built for use by the disabled, built safely and to the highest quality standards.



PLAY GYM RANGE



MODULAR

Our modular Play Gyms are safe, high quality playground units. These are very popular in nurseries, restaurants, schools, hospitals, parks and private homes across the country. Our Play Gyms are manufactured to the highest quality standards with full parts availability.



STEEL

These standard gyms units are Purpose-Built for use by the disabled, built safely and to the highest quality standards. These Steel playground units are built and used by happy kids across the region. These are mostly custom-designed and installed in a parks, schools and public entertainment areas. These include the traditional 'jungle gyms' with apparatus such as seesaws, swings, roundabouts and more.



CONTAINER CONVERSIONS

Making use of shipping containers, we design and construct innovative private and business solutions including digital cafes, bars, box shops, Pop-Up stores, training centres and of course, gym solutions within the containers. The opportunities and options are almost endless.



RUBBER SURFACING

Whether for use underneath playground, gym or other flooring surfaces, we provide environmentally-friendly rubber matting and surfacing solutions.





WHY CHOOSE OUR PRODUCTS?

STRONG: Made from the highest quality steel, aluminium and UV protected material, our products are strong and long-lasting, fit for excessive use by many people. Our gyms are rust, water and sand proof.

SAFE: Our equipment is manufactured and installed safely with rounded edges and silicone stoppers for your protection.

COMMUNITY INCLUSIVE: Built across many regions, our gyms are accessible to all communities and allow for groups of people training at the same time. They attract people from the community to come together and enjoy training and the lifestyle of health and fitness.

OUTDOORS: South Africa is famous for its amazing weather and landscapes. Whilst our gyms can be built anywhere, they are predominantly built outdoors for the favourable enjoyment of training in the open air.

FREE: A part of GOG's vision (Green Outdoor Gyms Holdings Company) is to bring health, wellness and lifestyle experiences to all people. Most outdoor gym installations in Southern Africa are free to use across the multitude of towns and cities in which we have installed our gym and play equipment.



GREEN OUTDOOR GYMS SERVICES

Run by a specialist portfolio of experts to assist in the environmental, construction and engineering industries, Green Outdoor Gyms offers a host of additional services including Landscaping, GEOTECH and Environmental Consulting Services. We are CIDB-certified and a member of the South African Landscaping Institute. Green Outdoor Gyms has been at the forefront of creating innovative Outdoor spaces within unique open spaces and landscapes. For over six years we have been encouraging public engagement within open spaces within the city and our passion has grown to now offer a holistic set of services which include Public Open Space Strategy development as well as Architectural services.



SERVICE OFFERING:

- Landscape Architecture Design
- Visual Impact Assessments
- Economic Viability Assessments
- GIS and Remote Sensing, Mapping Services.
- Public Open Space Strategy Development
- Spatial Development Plans
- Strategic Environmental Assessments





GOG Clients



nelson mandela bay
M U N I C I P A L I T Y



PRIMEDIA
BROADCASTING

RADIO CONTENT DIGITAL



sport & recreation

Department:
Sport and Recreation South Africa
REPUBLIC OF SOUTH AFRICA



PROPERTY SERVICES LTD



MANGAUNG

AT THE HEART OF IT ALL

Simbithi
ECO-ESTATE



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